



“Power to Reinvent Yourself: How to Break the Destructive Patterns in Your Life”

By Jason Frenn

1. What are some of the most common destructive patterns we, as Christians, often face?
2. How can we reinvent ourselves and break those patterns?
3. You have a personal testimony of reinventing yourself; can you tell us a little about that?
4. What was your family life like growing up?
5. How did you come into the Christian faith?
6. With the current economic and ethical state of America, what advice do you have for those struggling to break destructive patterns in their life?
7. With so many distractions in our society, how can we stay focused on Christ and not become distracted by earthly pitfalls?
8. As a missionary evangelist, you travel and host crusades through the U.S. and Latin America. Can you tell us about this and some of the destructive patterns you've encountered through your ministry?
9. Your wife and daughters are very active in your evangelistic ministry, Power to Change International. Why is it important to have family or a support system when working to reinvent yourself?
10. What message do you hope readers walk away with after reading “Power to Reinvent Yourself”?