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interview availability

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FOR IMMEDIATE RELEASE

Bil Cornelius Rides Elliptical To Show Change Takes Work:

Corpus Christi Pastor Appears on Fox News to Share Message of Transformation,
Recently Released book Hits [USA Today's bestseller list](#)



WHAT:

Bil Cornelius, author of national bestseller "I Dare You to Change! Discover the Difference Between Dreaming of a Better Life and Living It," appeared on "[Fox & Friends](#)" Thursday to discuss his message of change. Cornelius believes that most people want to change but don't know how to go about it.

His hometown, Corpus Christi, Texas, was recently judged the fattest city in America by Men's Health magazine. Last weekend, Cornelius and Corpus Christi Mayor Joe Adame challenged it to lose weight. As part of the challenge, Pastor Cornelius preached six services over Labor Day Weekend at his church, Bay Area Fellowship, from an elliptical to show that change takes "sweat." Cornelius believes that principles of the book apply to all areas of life.

WHO:

Bil Cornelius, pastor of Bay Area Fellowship in Corpus Christi, one of the fastest growing churches in America with weekly attendance of about 8,000.

Cornelius, 38, attracted national attention over Easter weekend by giving away millions of dollars in merchandise, using the giveaway as a metaphor for the ultimate giveaway, eternal life through Jesus Christ. He appeared on Fox, CNN and MSNBC to discuss the event.

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“Bil Cornelius,” page 2

His television show, “Bil Cornelius, Life without Limits,” is broadcast nationally on Trinity Broadcasting Network, Daystar Television Network and The Church Channel. He has spoken at numerous church events, including Rick Warren’s Purpose Driven Church Conference and Ed Young’s Creative Church Conference.

WHEN: By appointment

WHERE: In studio in Texas or via phone

DETAILS: To arrange an interview with Bil Cornelius, please contact Julie Shutley or Steve Yount at 972.267.1111 or via e-mail at jshutley@alarryross.com or steve@alarryross.com.