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FOR IMMEDIATE RELEASE

AUGUST REFRESHING TIMES CONFERENCE PROVIDES FAMILIES WITH ‘THE KEYS TO OVERCOMING’:

Daystar Television’s Joni and Marcus Lamb Host Spiritual Retreat in Fort Worth

DALLAS, Aug. 5, 2009 – As summer draws to an end and families prepare for another event-filled school year, Joni and Marcus Lamb of [Daystar Television Network](#) – the fastest-growing Christian network – will host the eighth annual [Refreshing Times Conference](#) Aug. 20-22 at the [Omni Hotel](#) in Fort Worth, Texas, to provide adult and teen attendees with hope and inspiration and share keys to overcome difficult times.

“We hope that the Refreshing Times Conference will be a spiritual retreat for both adults and young adults, helping to recharge them mentally and physically, while providing them with practical ways to overcome adversity in their daily lives,” said Joni Lamb, vice president of Daystar and executive producer and host of the “[Joni](#)” show. “With the conference coinciding with back-to-school rituals, this will be a perfect time for families to connect before things get hectic.”

This year, the Lambs seek for the conference to be a shared experience for parents and their teenage children. Recognizing the unique stresses and chaos that young adults face today and the importance of mentoring them, the Lambs encourage adult attendees to experience the conference with their teenagers by offering those 13 to 19 years old [complimentary registration](#) with an accompanying adult registration.

With the 2009 conference focusing on the theme of “The Keys to Overcoming,” the agenda features notable Christian leaders who will encourage and equip attendees throughout the weekend. In addition to the Lambs, conference speakers will include:

- Fred and Anna Kendall of [Life Languages Institute, Inc.](#);
- [Mike Hayes](#), founding and senior pastor of Covenant Church in Carrollton, Texas; and
- [Rhonda Davis](#), ladies ministries director, worship and arts department director and founder of the Hadassah School of Ministry at Church of the Harvest in Cleveland, Tenn.

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The Daystar Singers and Band will also be present to lead attendees in worship and provide entertainment, performing songs from their newest album, *Overcome*, which releases the weekend of the conference. The 12-track CD features songs of encouragement including “We Have Overcome,” “So Great a Love,” “When I Speak Your Name” and “Forever Faithful.”

The [Refreshing Times Conference](#) is a yearly event with international attendance. In the past, individuals from as far away as Nigeria and Australia have convened to engage in the conference’s three days of biblical learning, intimate worship and fellowship. While previously an event designed exclusively for women, recently the conference expanded its outreach to men, so that husbands and wives would have an opportunity to attend together and use this conference as a weekend getaway.

“As a mother of three young adults, I understand the importance of family fellowship and bonding spiritually with teens about the pressures they face,” Joni Lamb said. “Right at the end of the summer, this conference will re-energize teens and tweens to enter a new school year, confident that the Lord can see them through any difficulty or temptation.”

Conference registration is available online at www.Daystar.com throughout the start of the conference on Aug. 20. Adult conference rates are \$50 per person. In addition, the [Omni Hotel](#) has provided special accommodation rates for conference attendees only.

Joni and Marcus Lamb founded Daystar Television Network in 1997. Today, it is one of the fastest-growing and largest Christian television networks. Headquartered within the Dallas/Fort Worth metroplex in Bedford, Texas, Daystar seeks to provide first-class, faith-based TV for today’s generation. In addition to leading the network, the Lambs also host the flagship program, “Celebration.” Additional information is available at www.Daystar.com.